

Resources

Compiled by Elizabeth Montez, IBCLC for WithinReach WA with support from Open Arms Perinatal Support Services. This is not an exhaustive list but may be a good springboard for learning

Books

consider purchasing at your local, BIPOC owned bookstore or ordering from Birch Bark Books

Braiding Sweetgrass - Robin Wall Kimmerer

Grandmothers of the Light - Paula Gunn Allen

Global Indigenous Health - Nancy Van Styvendale & Robert Alexander Innes

The Science of the Sacred - Nicole Redvers

Notable Native People - Dr. Adrienne Keene

Project 562 - Changing the Way We See Native America - Matika Wilbur

Not "A Nation of Immigrants" - Roxanne Dunbar-Ortiz

Education & Certification Opportunities

The B.L.A.C.K. Course

<https://theblackcourse.com/>

Indigenous Lactation Counselor Course

<https://www.facebook.com/IndigenousLactationCounselor/>

Zaagiiidiwin Indigenous Doula Course

<https://www.facebook.com/indigenoudoulas/>

Center for Indigenous Midwifery

<https://www.indigenous-midwifery.org/>

Postpartum Healing Lodge

<https://postpartumhealinglodge.com/>

Media

All My Relations podcast (really, of them), specific highlight: "Telling Stories in a Good Way" "Native Children Belong in Native Homes" "Black Native Kinship" "Indigenous Motherhood: Birth is Ceremony" "Whole Family Wellness"

You're Wrong About podcast, "Tuskegee Syphilis Study - Part 1. The Lie and Part 2. The Truth"

This Land podcast Season Two covers ICWA and the Brackeens vs Haaland in depth

Zoomcasts on Center for Indigenous Midwifery website

Service Organizations

Open Arms Perinatal Services

<https://openarmsps.org/>

BLKBRY

<https://blkbry.com/>

Hummingbird Indigenous Family Services

<https://www.hummingbird-ifs.org/>

Global Perinatal Services

<https://www.globalperinatal.org/>

Ttáwaxt Birth Justice Center

<https://ttawaxt.org/>

Websites

<https://www.washingtontribes.org/the-tribes-of-washington/>

<https://native-land.ca/>

