

WithinReach™
2025 LEARNING SERIES

NAVIGATING PARENTING
IN TIMES OF CRISIS

February
24 - 28, 2025

Noon to 1 p.m.

Parents deserve
more than just
survival.



Welcome and Land Acknowledgement

We want to acknowledge that we occupy the ancestral lands of the Coast Salish Peoples, in particular the Tulalip, Snohomish, Stillaguamish, Suquamish, Muckleshoot, Nisqually, Puyallup, and the first people of Seattle, the Duwamish People, past, present and future. We honor with gratitude the land itself.

Wednesday, Feb 26
noon - 1 p.m.

NAVIGATING PARENTING
IN TIMES OF CRISIS



Adam Ballout

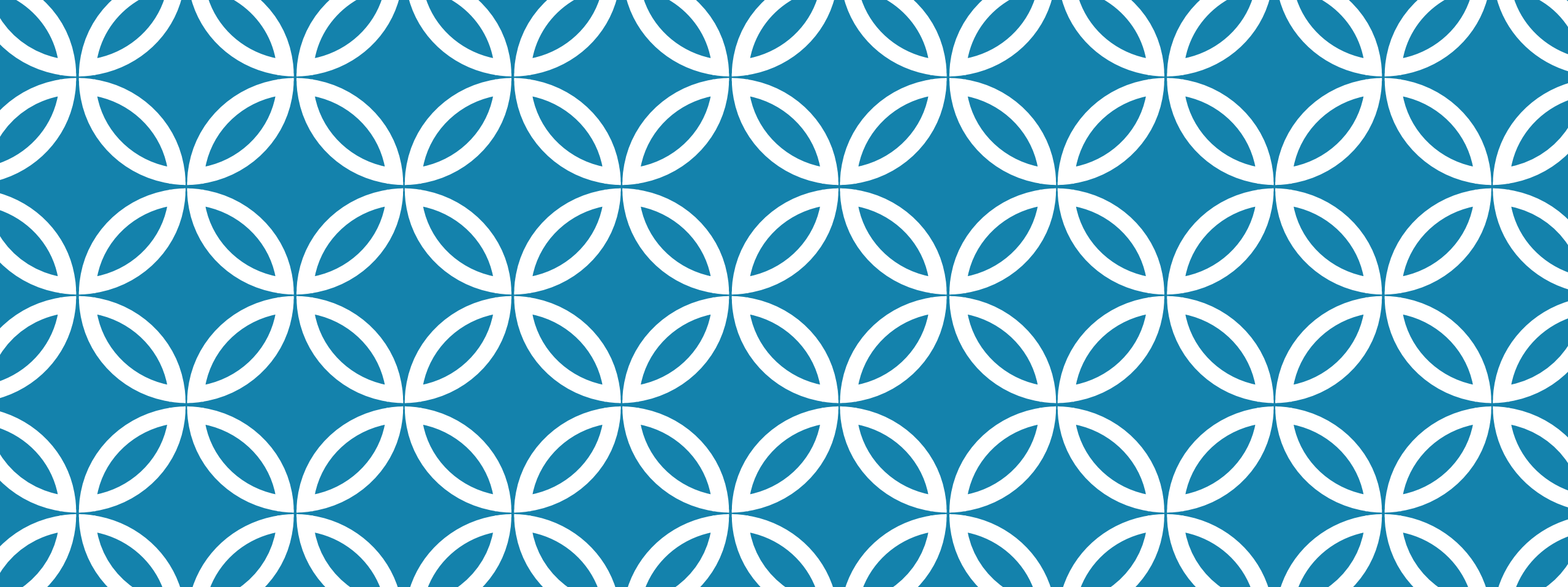


Jennifer Justice



Hayley Bridwell

Parenting While Engaged with Child Welfare Systems: Challenging
and Redefining Systems through Advocacy and Community



F.I.R.S.T. CLINIC

FAMILY INTERVENTION RESPONSE TO STOP TRAUMA

Family Intervention Response to
Stop Trauma



PREVENTION FOCUS

33% of the families we serve had prior CPS history or involvement with their families.

83% of the families we serve experienced ZERO separation or removal of their infant and no filing of a dependency matter in state court.



THE OLD MODEL OF CHILD WELFARE
REQUIRED THE SMASHING APART OF
FAMILY SYSTEMS BEFORE
MULTIPLE PROFESSIONALS IN SILOED
DISCIPLINES COULD THEN
PAINSTAKINGLY HELP TRY TO PUT
THEM BACK TOGETHER





SOCIAL WORK

TREATMENT

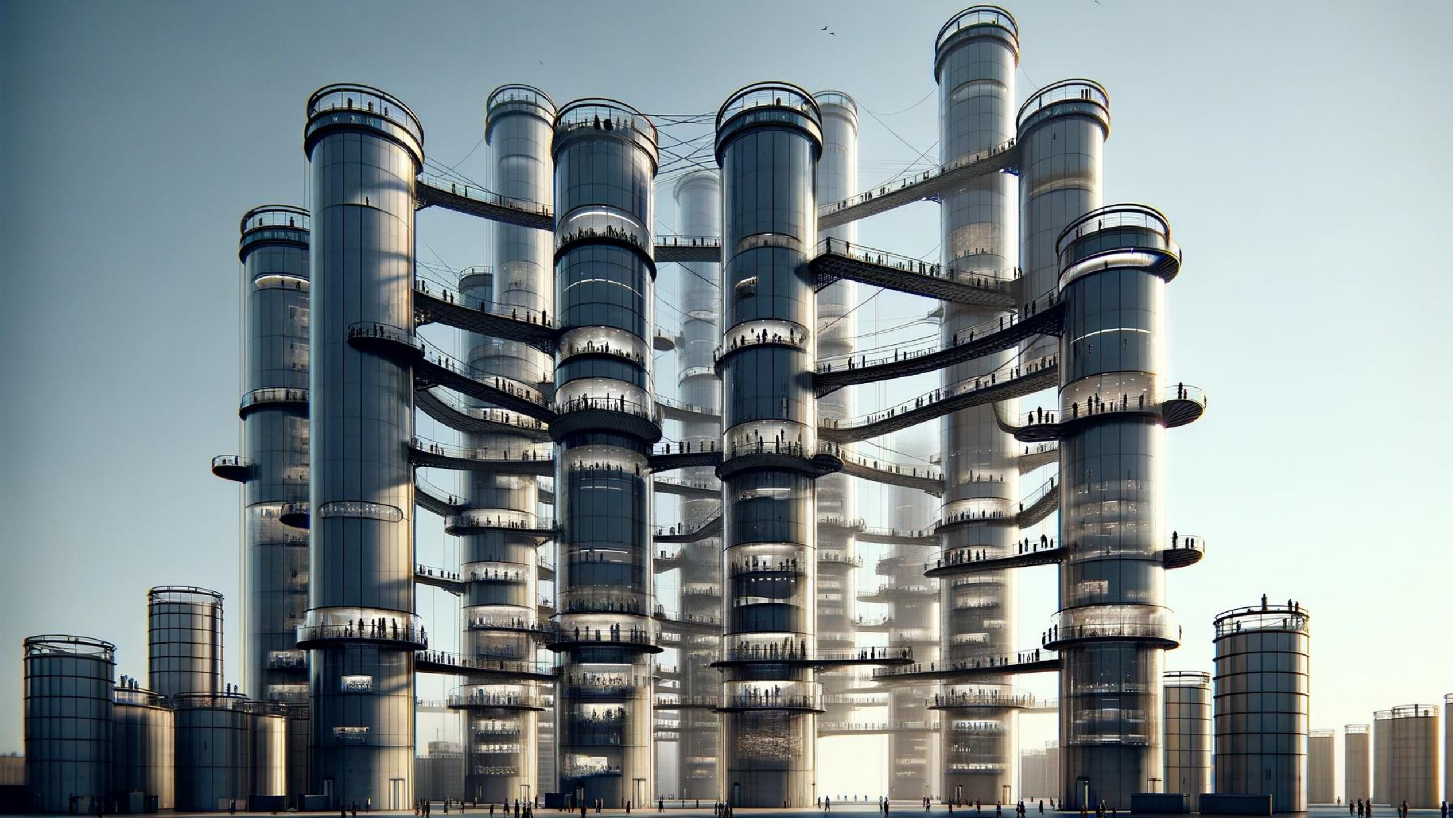
LAW

MEDICINE

NURSING

HOUSING

DOULAS



Our partners and summit
co-sponsors



Washington State
Hospital Association



WASHINGTON
COURTS

ADMINISTRATIVE OFFICE OF THE COURTS

Washington State
Health Care Authority



The Washington Chapter of the
AMERICAN ACADEMY OF PEDIATRICS



Washington State Department of
CHILDREN, YOUTH & FAMILIES



Washington State Department of
Health



Washington State
Office of Public Defense

THE KEY ROLE OF A PARENT ALLY

- Provide lived experience, SHARE STRENGTH, FAITH AND HOPE
- Connection and navigation to resources and services
- Encourage involvement and engagement in services
- Ongoing emotional support and trust
- Advocate for parent and family
- Empower parent
- Access to concrete goods and needs
- if parent has no one, to be with mom for the birth.



FAMILY INTERVENTION RESPONSE TO STOP TRAUMA

WWW.THEFIRSTCLINIC.ORG

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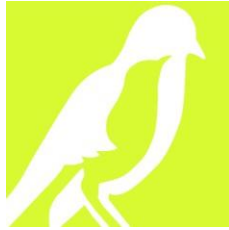
Jennifer Justice, Parent Ally

Firstclinic.Jennifer@gmail.com

MISSION & VISION

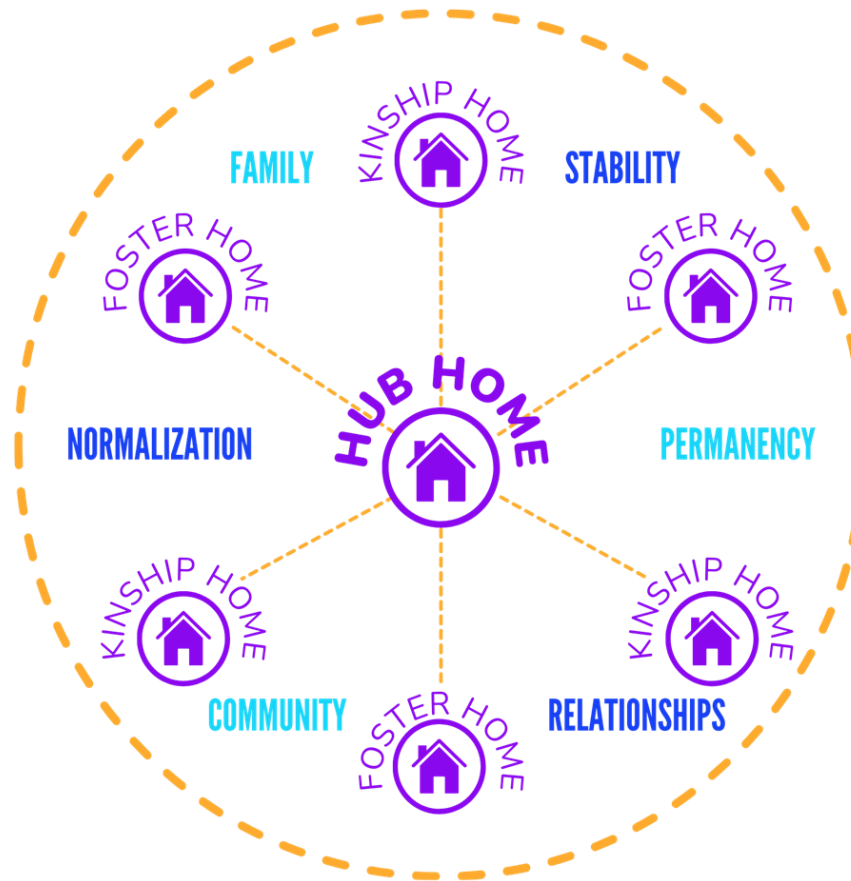
The Mockingbird Society's mission is to transform foster care and end youth homelessness.

We **envision** each young person, regardless of race or individual experience, reaching adulthood with an equitable opportunity to thrive.



MOCKINGBIRD FAMILY™ CONSTELLATIONS

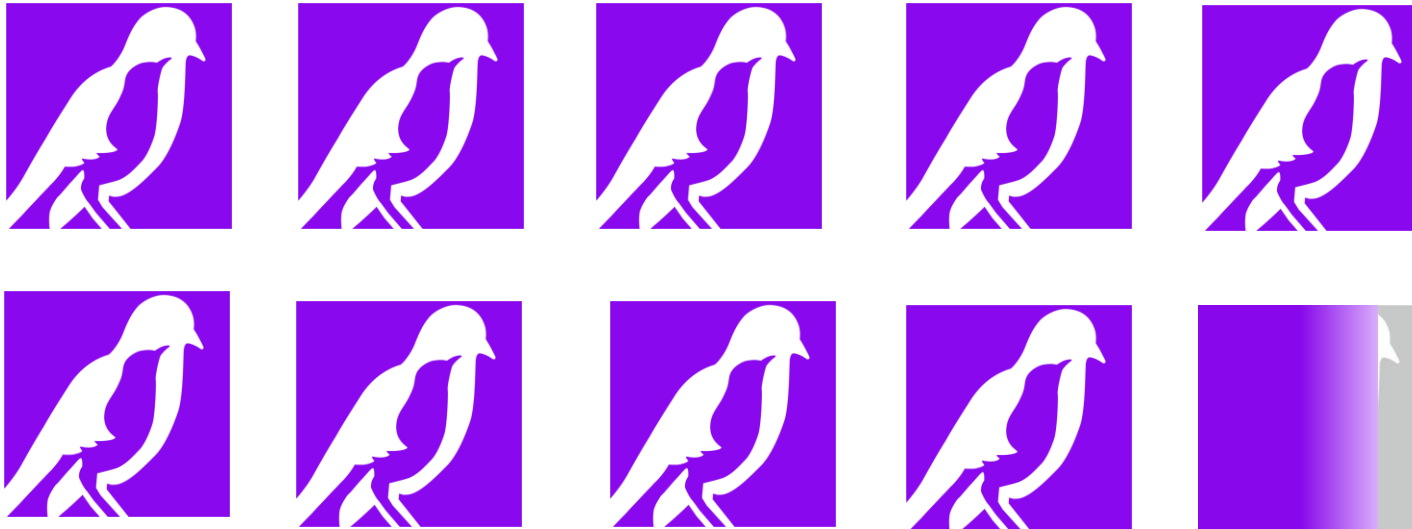
- ▶ Centralized system of support
- ▶ Cohort of 6 to 10 Families supporting 6 to 18 youth
- ▶ Geographic proximity to the Hub
- ▶ Supportive network of children, families, child protection agencies and other community stakeholders



https://www.youtube.com/watch?v=ah9NjPNmO_I

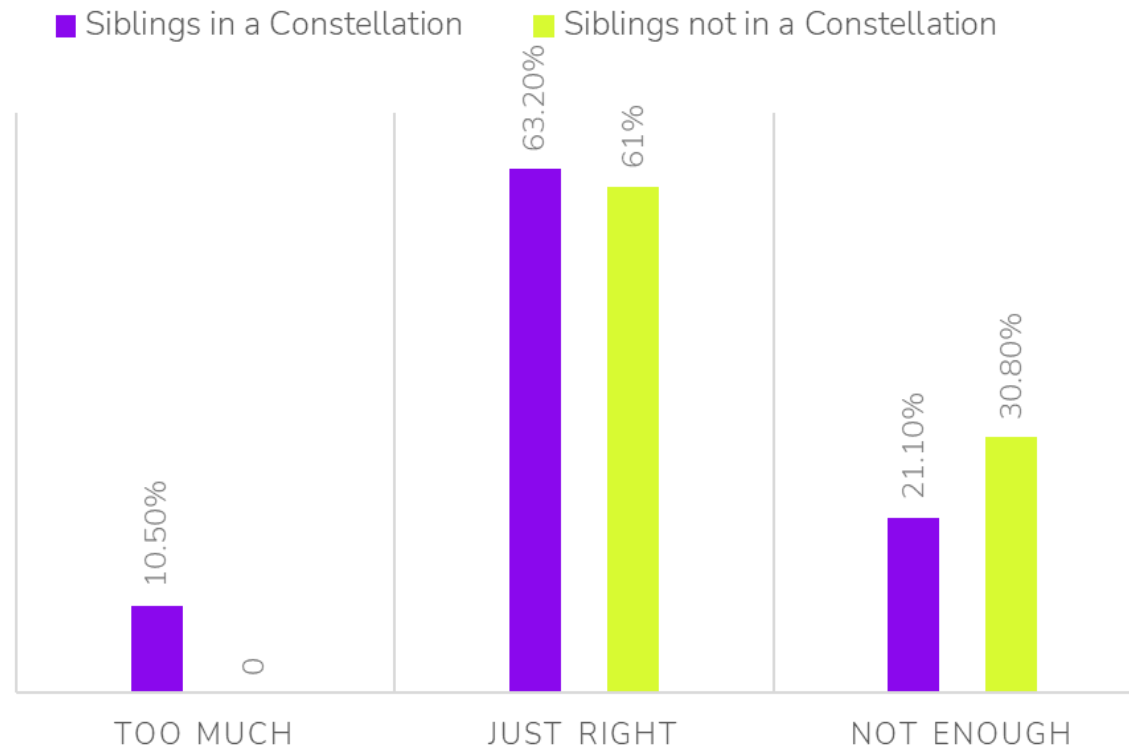
COMMUNITY MAKES A DIFFERENCE

- ▶ Approximately **97.5%** of “**children and young people...** said that **they had an adult who they trusted**, who helped them and who sticks by them no matter what.”²



COMMUNITY MAKES A DIFFERENCE

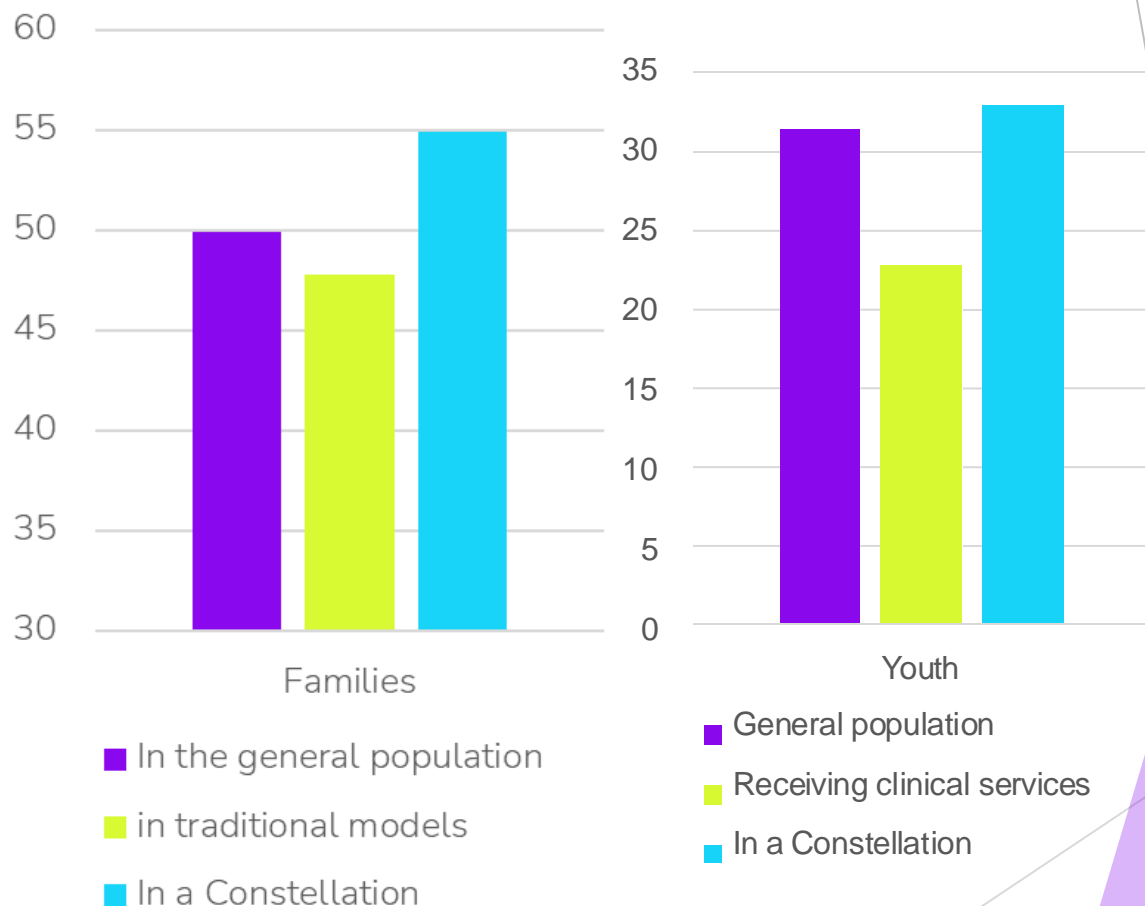
- ▶ **80% of children in Mockingbird had other birth siblings** who were also in foster care.¹
- ▶ Children were **more likely to be satisfied with the amount of contact** they had with their birth siblings if they were also part of Mockingbird.²



^{1, 2} [Mockingbird Fostering Network Evaluation , \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

COMMUNITY MAKES A DIFFERENCE

- ▶ Mockingbird families had **higher levels of well-being**¹ when compared to not only other foster families, but also the general UK population²
- ▶ Youth in constellations had **similar levels of well-being**³ to youth in the general population, and better than youth receiving clinical mental health services⁴



¹ Warwick-Edinburgh Mental Well-Being Scale (WEMWBS) Scale

³ Outcome Rating Scale (ORS) and Child Outcome Rating

^{2, 4} [Mockingbird Fostering Network Evaluation \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

BUILD A FIRM FOUNDATION

- ▶ Invest time in developing policies, procedures and tools.
- ▶ Have sufficient staff in place early on in the process, particularly liaison workers and administrative staff.

“[We] should have budgeted more funds for... another member of staff to take on the project lead role, either full or part-time, rather than added to the managers role.”

(UK service manager)

Rees Centre



The
Fostering
Network

Q & A?